Vincent's Heating & Plumbing

VINCENT'S NEWS

The 'Van-Go' Gallery

November 2026



"Wherever you see a 'Vincent's Van Go' you know the job will be a work of art."

Guest Columnist This Month

67 Years of Excellence!



INSIDE THIS ISSUE:

Through My Eyes	*1*
Why Flu Season Isn't...	*1*
Don't Forget	*1*
What Our Clients Say	*2*
Word Search.	*4*
Humor	*4*
Now That's Good News!	*4*

Don't forget...

... to remove your any hoses from your outside faucets to prevent freeze damage.

Also, this is the last issue of Vincent's News for 2026 as we take a month off for the holidays. We'll be back in 2027!

Happy Holidays!

THROUGH MY EYES

I love the work I get to do at Vincent's Heating & Plumbing and how we help the community. Looking back, it is hard to believe there was ever a time when I didn't want to get involved in the family business. When I was in high school, I wanted to be a musician. I have played music for most of my life. I studied piano through high school and played trombone in band. As a college

Continued on Page 3



Here plumbers Sean, Lathan, and Breonna are hard at work repairing a basement sewer line. When we work inside we go the extra mile to make certain we protect peoples homes.

Why Flu Season Isn't Really About the Flu

Did you ever wonder why 'flu season' is flu season?

The name almost implies that the flu virus just shows up in the fall and winter and is gone the rest of the year. But that's not really what happens.

The flu virus is around all year long. What changes is the environment. In the fall and winter, conditions inside our homes become much more favorable for the virus to spread and less favorable for our body's natural defenses to protect us. The flu virus spreads more efficiently in cold, dry conditions, and low humidity affects both the virus and the way it moves through the air.

Consider a typical Michigan home in January. It's cold outside. The furnace runs more often. The air inside becomes drier and drier. In many homes, indoor humidity can drop into the 15% to 25% range. That's about as dry as some desert climates.

Most homeowners notice the effects. Dry skin. Static electricity. Scratchy throats. Bloody noses. Constantly reaching for lotion. What many people don't realize is that our respiratory system depends on moisture. Our nose and airways are lined with a layer of

Continued on Page 2

Why Flu Season Isn't... (Continued from Pg. 1)

mucus that helps trap particles and viruses before they can establish an infection. When the air becomes excessively dry, that protective layer can dry out and become less effective.

At the same time, low humidity appears to help flu viruses survive longer and spread more easily through the air.

I'm not going to tell you that a humidifier can prevent you from getting the flu. It can't.

But I will say that maintaining proper humidity in your home can help create indoor conditions that are less favorable for viral transmission while also helping support the body's natural defenses. That's one reason I'm such a believer in whole-house humidifiers.

A properly functioning humidifier can help maintain indoor humidity at a more comfortable level during the heating season. The key phrase is '*properly functioning*.' Every year we inspect systems where the homeowner assumes the humidifier is working, only to discover that it isn't. That's another reason annual furnace maintenance is important.

Ventilation and good filtration are also key pieces of the puzzle. Modern homes are generally 'tighter' than older homes. That's good for energy efficiency, but it can also allow stale indoor air to remain trapped inside. **Energy Recovery Ventilators *(ERVs)*** help bring in fresh outdoor air while minimizing energy loss.

Ventilation doesn't kill viruses. It dilutes indoor air contaminants by replacing a portion of the indoor air with fresh outdoor air. Think of it as reducing the concentration rather than trying to eliminate every particle.

Add good filtration to the mix, and you have three important tools working together: humidity, ventilation and air cleaning.

None of these are a substitute for common-sense health precautions. But they can help create a healthier, more comfortable indoor environment throughout the winter months.

So, 'flu season' isn't really about the flu returning from its summer vacation. It's about weather-related conditions that give the flu a better opportunity to spread.

That's one reason we spend so much time talking about humidity, ventilation, and indoor air quality. They don't just affect comfort. They affect the environment where we spend most of our lives.

See the nearby insert for a special money-saving opportunity.

- Daniel Squires

What Our Clients Are Saying...



"We've used Vincents Heating & Plumbing a few times over the years, and every experience has been excellent. Their customer service team is friendly and helpful, and their technicians are always prompt, reliable, professional, and courteous. They communicate well, get the job done right, and their pricing is fair and affordable. It's great to have a plumbing and heating company you can trust. We highly recommend Vincents Heating & Plumbing!"

Shawn and Renee Metpenningen, Saint Clair

Through My Eyes (Continued from Pg. 1)

freshman, I started in the school of music at Western Michigan University. Thankfully, I ended up going in another direction with my career. But I have continued to play music as a hobby.

These days, most of my playing is at church on Sundays. However, my passion for music is playing jazz. My dad introduced me to jazz when I was in middle school. I still remember the times that he took me to see Maynard Ferguson, a bandleader who was popular back in the 60's and 70's. To my mother's dismay I soon started neglecting my classical repertoire and playing jazz tunes. Years later I am still by no means great at my instrument of choice (piano). But I have been fortunate enough to play with some of the most talented local musicians.

With a full-time career and a young family, I don't actively seek gigs. But every so often playing opportunities pop up. Demand for jazz is less than other styles of music, so mileage varies year to year. There have been fewer opportunities this year. But last year I did a lot of playing. My jazz group played 3 dates at the boardwalk in St. Clair over the summer. We played for the Port Huron Musicale. We had a weekly gig for about a month and a half at the Sperry's dinner house before it closed. I even had a couple gigs at the barge at City Flats before it was purchased by SC4.

One thing playing around town has afforded me is the opportunity to see how difficult it is to keep a small business afloat. Many restaurants where I've played over the years have shut their doors. Sometimes a new building owner didn't renew a lease. Sometimes there simply weren't enough customers.

Most people have heard that restaurants are especially risky businesses. I was surprised to learn that new restaurants actually fare slightly better than new businesses in general. Roughly half of all new businesses close within five years. Only about 25% make it past the 15-year mark. As much as I enjoy music, experiences like these have made me appreciate my "day job" even more. There's a lot of security in working for a company that has stood the test of time.

And it's an advantage for you as well. It's one thing to eat at a restaurant that may not be there in five years. But when it comes to a heating or cooling system that could be in your home for 15 years or more, knowing the company that installed it will still be there when you need service is the definition of peace of mind.

Vincent's Heating & Plumbing has been serving our community since 1959. As a family-owned company, we're committed to being here for the long haul, serving homeowners, their children, and hopefully even their grandchildren.

-Brendan Squires

VHP

Heating & Air Conditioning
Amana
LASTS AND LASTS AND LASTS.™

Vincent's Heating & Plumbing is proud to install Amana equipment, made in the USA.

Vincent's Heating & Plumbing Inc.
2650 Oak St.
Port Huron, MI 48060

Daniel Squires President
David Squires Vice President
Brendan Squires Tech Advisor

www.VHPinc.com

"The Most Reasons to be Your Best Choice"

810-985-7103

E-mail:
sales@vhpinc.com

Vincent's News is published 11-months per year.

Past issues are available in PDF format online in the Van Go Gallery at: **VHPinc.com/gallery** by mid-month after the newsletter arrives.

SUBSCRIBE
If you know someone who would like to receive this newsletter, email their information to **news@vhpinc.com** or give us a call.

UNSUBSCRIBE
If you would like your name to be removed from our newsletter mailing list please email "stop" to **news@vhpinc.com** or give us a call.

Word Search - Port Huron Streets: Ru to Y

H	S	L	U	U	I	M	S	Z	C	S	D	C	B	T	H	F	S	U	A
R	A	K	X	P	O	P	C	O	O	Z	T	B	S	R	B	D	B	N	Y
N	O	O	Y	S	B	W	E	Z	P	X	S	A	S	A	T	Z	X	I	Y
A	W	I	D	B	T	U	N	L	A	W	F	M	N	G	N	N	V	O	N
M	I	X	R	N	K	C	I	W	G	D	E	S	V	D	S	B	S	N	O
R	L	C	W	E	A	U	C	S	P	R	U	C	E	T	I	C	O	H	T
E	B	O	S	H	P	N	Z	N	I	K	G	U	O	R	O	S	V	R	G
H	U	U	T	O	I	U	E	E	I	C	H	N	J	T	H	C	H	V	N
S	R	U	A	W	R	P	S	H	R	A	E	K	T	H	G	I	R	W	I
G	O	J	N	E	T	V	P	O	S	R	S	I	G	R	U	T	S	B	H
S	P	K	T	G	A	U	L	L	W	A	P	T	H	O	M	A	S	T	S
V	Y	A	O	R	N	Y	N	I	E	M	M	N	G	V	K	N	H	C	A
Z	W	O	N	U	A	U	L	N	U	A	R	U	S	S	E	L	L	L	W
N	X	E	P	T	V	L	O	Y	E	T	T	P	Z	A	W	E	L	L	S
E	Y	F	U	K	O	X	Z	Y	I	L	S	D	M	O	A	X	I	G	D
C	B	I	K	W	B	C	H	B	E	O	X	C	N	W	K	H	Z	H	L

Russell
Sanborn
Scenic
Scott
Sedgwick
Shenandoah
Sherman
South
Spruce
Standish
Stanton
Stone
Sturgis
Superior
Tamarack
Taylor
Thomas
Tunnel
Union
Varney
Walnut
Washington
Water
Wells
Whipple
Wilbur
Willow
Wright
Young

Humor Section



An old man goes to the doctor.
He tells him, "Doc, my left leg hurts terribly!"
The doctor examines him and says, "Well, what do you expect? You're ninety years old."
The old man replies, "Sure, but my right leg is ninety years old, too - and it doesn't hurt a bit!"

Now that's good news!

"Give thanks to the Lord, for he is good;
his love endures forever."
Psalms 107:1



Happy Thanksgiving!

Did you know?

Seniors, pets and immune compromised individuals are particularly vulnerable to carbon monoxide poisoning, as well as children due to their faster metabolism and smaller body size...

Yet in the fine print for the typical CO Alarm is a disclaimer that it may not provide adequate protection from carbon monoxide for members of this most vulnerable group?

Why? Because unless the CO level exceeds the UL Standard of 70 ppm for at least 1 and up to 4 hours the alarm won't sound! Unfortunately, that's too high for vulnerable individuals.

Consider these CO danger levels (parts per million): *-source National Comfort Institute*

CO LEVEL	CARBON MONOXIDE RISK OBSERVED OR ALLOWABLE LIMIT
3-7 ppm	6% increase in the rate of admission in hospitals of non-elderly for asthma. (Sheppard-1999)
5-6 ppm	Significant risk of low birth rate if exposed during last trimester (Ritz & Yu - 1999)
10 ppm	Outdoor level of CO found associated with a significant increase in heart disease deaths and hospital admissions for congestive heart failure.
15 - 20 ppm	First level **World Health Organization** (*WHO*) lists as causing impaired performance, decrease in exercise time and vigilance.
25 ppm	**Maximum allowable in a parking garage (International Mechanical Code)**
27 ppm	21% increase in cardio respiratory complaints. (Kurt-1978)
35 ppm	**US NIOSH** recommended 8-hour maximum workplace exposure. **EPA standard** for outdoors for 1-hour and a maximum of 1-time per year.
50 ppm	**US OSHA** recommended 8-hour maximum workplace exposure.
70 ppm	**First alarm level for a store bought - UL 2034 approved - CO alarm.**

THIS IS WHEN YOUR CO ALARM WILL FINALLY SOUND!

The typical store-bought alarm *(Kidde, First Alert, etc.)* from a hardware store will only sound the alarm after 70 ppm (parts-per-million) has been sensed and then it can take up to 4 hours before the alarm is required to sound!

Regarding CO, you're safer sleeping in a public parking garage - which has a 25 ppm maximum allowable limit - than you are with a store-bought CO Alarm for protection!

© 2025 Vincent's Heating & Plumbing, Inc.

Turn over for real protection!

...continued from front...

For Real Protection You Need the NSI 6000 * Professional Grade Low-Level CO Monitor & Log

The National Safety Institute professional grade low-level monitor & log senses CO levels as low as 5 ppm.

Infants, children, elderly, persons with respiratory or heart ailments receive little or no protection from deadly carbon monoxide with standard alarms.

At $249, the NSI 6000 costs more than carbon monoxide monitors bought from retail stores, but when you and your family's safety is on the line, isn't quality more important than price?

Accurate, low-level CO detection requires more expensive components and quality control. The full-featured NSI 6000 Low Level CO monitor uses the same technology and sensors as in professional-grade CO analyzers used by carbon monoxide professionals, fire departments, and utilities.



The NSI 6000 Low-Level CO Monitor & Log is at Vincent's Heating & Plumbing

NSI 6000 FEATURES:

- **Continuous Scan™** mode indicates monitor is operating 24/7
- Digital display shows CO levels of **5 ppm+** ***(parts per million)***
- ***Low Alarm*** - **15 ppm-**audible & visual every 8 seconds
- ***High Alarm*** - **35 ppm-**audible & visual every 4 seconds
- ***Crisis Alarm*** - **70+ ppm-**audible & visual every 2 seconds
- **Bluetooth compatible** - comes FREE SMART PHONE APP that allows you to sync with your mobilte devices, store and review history and much more!
- **5-min. "Hush" button** for levels below 70 ppm
- Designed for wall installation or tabletop use
- Operates on replaceable CR123A 3V battery.
- 2-year limited warranty

Save $40 off a NSI 6000 Low-Level CO Monitor

Reg. Price ~~$249~~

Now $209

Enhanced Service Plan price after 10% discount: $188.10

Free delivery with any service or maintenance visit.

Offer Expires December 31

CALL (810) 985-7103 to set up a service call or maintenance visit for free delivery OR stop by the office to purchase.

Vincent's Heating & Plumbing 2650 Oak St, Port Huron

Are you currently being protected by a first generation NSI 3000 Low Level Carbon Monoxide Monitor that you previously invested in with us?

The NSI 6000 Low Level CO Monitor is an updated and redesigned version of our popular NSI 3000 Monitor the we have been promoting for years. The updated version features a new, sleeker look, plus a new Bluetooth smart device app allows you to sync with your mobile devices, store and review history, and much more! Consider upgrading to the NSI 6000 - especially if your NSI 3000 has reached the five year limit of the electro-chemical CO sensor in it.

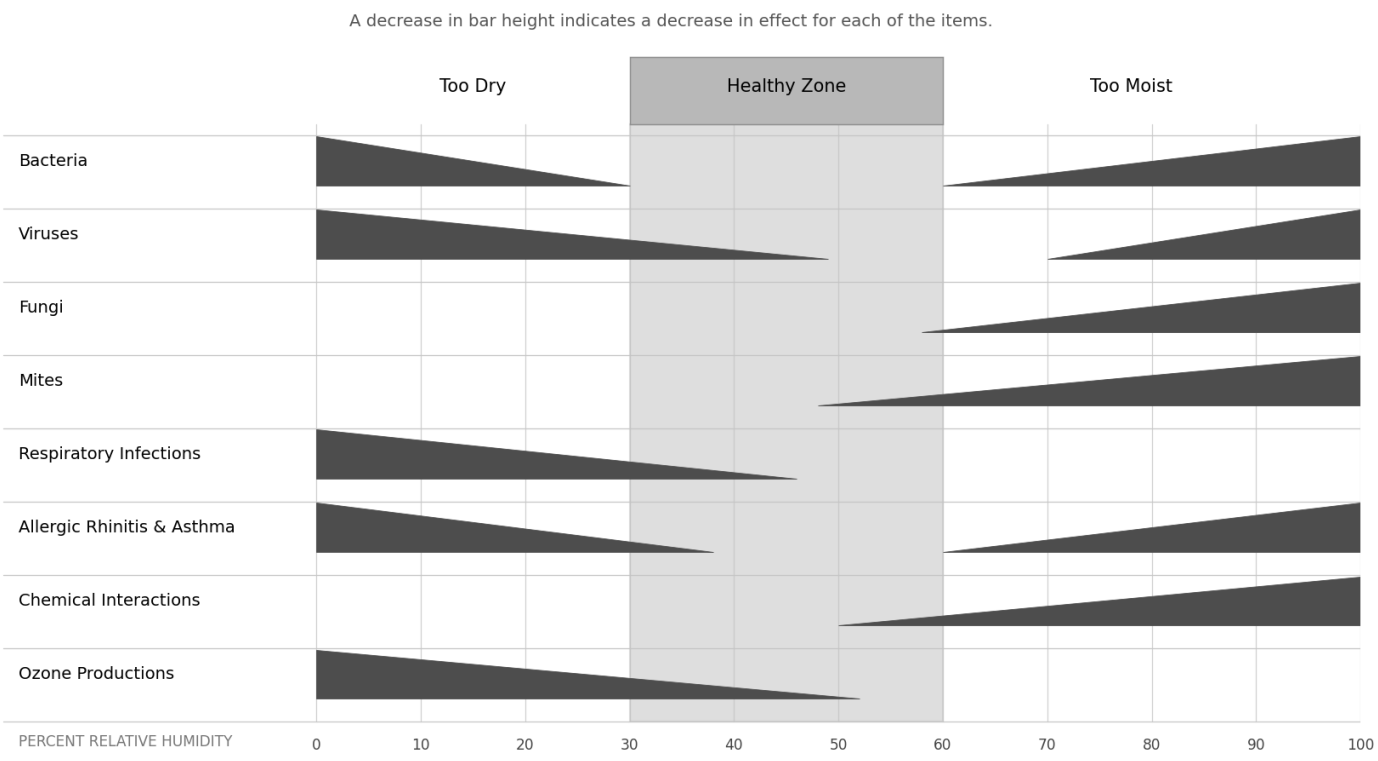
For more information about the NSI 6000 Low Level CO Monitor & Log scan the QR Code on the right.

Is the Air in Your Home Too Dry?

Proper humidity may do more than make your home feel better.

Michigan winters can pull a surprising amount of moisture from the air inside your home. The furnace runs longer, indoor relative humidity drops, and many homeowners begin noticing dry skin, scratchy throats, irritated sinuses, static electricity and a home that feels colder than the thermostat suggests. As explained in the November 2026 Vincent's News article, flu viruses spread more efficiently in cold, dry conditions. A humidifier can't prevent the flu, but maintaining proper indoor humidity may help create conditions that are less favorable for viral transmission while supporting comfort and the body's natural defenses.

Optimum Relative Humidity Range for Human Comfort & Health



The shaded range shows where the combined effects of the conditions shown are minimized.

WHEN THE AIR IS TOO DRY

- ✓ Dry nasal passages and irritated sinuses
- ✓ Scratchy throats and dry skin
- ✓ Static electricity
- ✓ Wood trim, flooring and furniture drying out
- ✓ A home that feels chilly even when it is warm

A whole-home humidifier adds controlled moisture as your heating system operates.

THE RIGHT LEVEL MATTERS

More isn't always better.

Too little humidity leaves the home dry and uncomfortable. Too much can cause condensation and other moisture concerns.

The right setting depends on the outdoor temperature, the home's construction and the windows.

See the reverse side for the offer and practical operating guidance.

WHY ANNUAL HUMIDIFIER MAINTENANCE MATTERS

Many homeowners assume their humidifier is working because it's connected to the ductwork. During annual furnace maintenance, our technicians frequently discover:

- ✓ Plugged water panels
- ✓ Clogged drains
- ✓ Controls that need adjustment
- ✓ Closed water supply valves
- ✓ Failed solenoid valves

A humidifier that isn't operating properly can't improve comfort, no matter how much the furnace runs.

CALL VHP AT 810-985-7103 TO SCHEDULE YOUR ANNUAL FURNACE AND HUMIDIFIER MAINTENANCE.

Turn over for savings of up to $300

VINCENT'S HEATING & PLUMBING

Take Control of Humidity in Every Season

A drier winter home and a sticky summer home are two sides of the same problem.

A whole-home humidifier adds moisture during the heating season. A whole-home dehumidifier removes excess moisture during warm, humid weather. Together, they help keep the home closer to the optimum range throughout the year.

WHAT PROPER HUMIDITY CONTROL CAN HELP WITH

WINTER COMFORT

Helps reduce excessively dry air, static electricity and the dry feeling many homeowners notice while the furnace is operating.

SUMMER COMFORT

Helps reduce the hot, sticky feeling caused by excess moisture, even when the air conditioner is running.

AUTOMATIC CONTROL

Works with dedicated controls to add or remove moisture as conditions change.

WHOLE-HOME COVERAGE

Treats air through the HVAC system rather than adding or removing moisture in only one room.

IF YOU ALREADY HAVE A HUMIDIFIER

Don't assume it is working simply because it is attached to the ductwork. Annual furnace maintenance is a good opportunity to check the humidifier's operation and identify a plugged water panel, closed water supply, clogged drain, failed solenoid or control that needs adjustment.

IF YOUR WINDOWS ARE WET

- Lower the humidistat setting.
- Wipe away standing moisture.
- Confirm the humidifier shuts off properly.
- Call VHP if condensation continues.

IF YOUR HOME IS STILL DRY

- Make sure the water supply is on.
- Check the water panel for mineral buildup.
- Confirm the unit runs with the furnace.
- Have the system checked during maintenance.

LIMITED-TIME APRILAIRE HUMIDITY CONTROL OFFER

SAVE $100	**APRILAIRE WHOLE-HOME HUMIDIFIER** Add controlled moisture throughout the home during the dry heating season.
SAVE $100	**APRILAIRE WHOLE-HOME DEHUMIDIFIER** Remove excess moisture during warm, humid weather for year-round comfort.
SAVE $300	**INVEST IN BOTH** Control humidity during every season and receive the largest savings.

CALL VHP AT 810-985-7103

Ask about Vincent's Heating & Plumbing's Aprilaire Humidity Control Promotion.

Offer expires December 31, 2026.

Word Search Solution – November 2026 - Port Huron Streets: Ru – Y

